



Ms. RESIKA M R

Assistant Professor · Department of Food Science and Technology

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PROFILE

As an Assistant Professor in the Department of Food Science, my teaching focus is on Zoology and Life Sciences, with an emphasis on clear and practical learning. My research focuses on aquatic ecology, water quality, sediment characteristics, and plankton diversity. My notable contribution includes the comparative assessment of freshwater and coastal ecosystems. I aim to foster scientific curiosity and environmental awareness through effective teaching and research.

APPOINTMENT

Joined 06/07/2026 · Teaching 8 Months

SPECIALISATION

Zoology

RESEARCH INTERESTS

Zoology · Life science

COURSES HANDLED

Zoology

LABORATORIES

Zoology

QUALIFICATIONS

MSc — Zoology	2025
Nirmala College Muvattupuzha, MG University	
BSc — Zoology	2023
Nirmala College Muvattupuzha, MG University	

EXPERIENCE

Assistant Professor	November 2025 – March 2026
Nirmala College Muvattupuzha · Teaching	

CERTIFICATIONS

CMFRI -Citizen Science Project at Vembanad Lake	2024
ICAR- Central Marine Fisheries Research Institute · 6 Months	

AWARDS & HONOURS

Best performance in the Student Climate Conference	2024
Kerala Forest and Wildlife Department (Social Forestry Extension Ernakulam)	

LANGUAGES

Malayalam · Hindi · English

RESEARCH PAPER

Presented a paper titled " A Comparative Analysis of Water Quality, Sediment Analysis and Plankton Communities in Coastal Mangrove and Inland Freshwater Ecosystems of

Kerala, India" at the International Seminar on Invertebrate Systematics and
Computational Biology held at Nirmala College, Muvattupuzha, on 22-23 September
2025